



**UPDATED
RULES**



**INDOOR AND OUTDOOR
VOLLEYBALL LEAGUE RULES**

1. **REGISTRATION:** All players must be on the team roster sheet before the first night of playing. All players must be the legal drinking age of 21.
2. **DRINKING:** There is to be no drinking on the courts during play and absolutely no carry-on beverages onto and off the premises.
3. **POSTPONEMENTS:** There will be no postponements of games unless rescheduled by Boomers. Team captains must call Boomers no later than one (1) day before start of play.
4. **TEAM DISBANDMENTS:** A team withdrawing after the season schedule is made up will lose all money paid for the team and all remaining games will be credited to its scheduled opponents if the team disbands before the end of the season.
5. **SPORTSMANSHIP:** Players found guilty of false registration or unsportsmanlike conduct are liable to suspension. Derogatory remarks, which tend to influence the opponents playing, are not allowed.
6. **LEAGUE RULES AND REGISTRATION:** Both the team captain and the players of the team must understand the league rules. If there are any questions, please ask Boomers Management.
7. **TIME-OUTS:** Each team will be allowed one (1) time-out per game.
8. **PROTESTS:** Protests will be accepted any time during the season. The protest must be brought to the attention of the person in charge no later than 24 hours after the completion of the match. Any protests after that time will not be accepted.
9. **PLAY OFFS:** In case of a tie for first place, a best of a three (3) game match will be played to determine first place.
10. **SUBSTITUTION:** Except in the case of injury, substitutes will be entered into the game in the position following the serve and be consistent with standard team rotation. There is a maximum of two (2) subs per team, per session. The subs must read and understand the rules and sign the waiver prior to playing.
11. **SCORING:** A game is completed when a total of 15 points and a two (2) point advantage is earned. If the third game of the match is still in play during the last five (5) minutes of the hour, the game will go to the team with a one (1) point advantage. One hour is allowed per match. Power 3's games are completed with a total of 11 points and a two (2) point advantage is earned. There is no time limit for co-ed 4's and power 3's.
12. **ALL CO-ED TEAMS:** Out of the three (3) hits allowed a team, at least one of the three hits must be hit by a woman. If the ball is hit more than one (1) time on a given side, a woman must hit the ball.
13. **CEILING:** The ceiling and ductwork is in play only on your side. If you hit the ceiling on your side and the ball goes over the net, it is a 'side out' or point.
14. **OUT OF BOUNDS:** The walls are out of bounds. **Exception: A player receiving the ball from an opposing team may pass or set the ball and the ball may hit the wall unintentionally. The ball may not go over the net off the wall. The ball cannot hit off two (2) walls or one (1) wall and ceiling at one time. The back wall is always out of bounds.
15. **HITTING:** A back row player cannot advance into the front row for the purpose of hitting. A back row player may hit from behind the ten-foot line.
16. **SERVING:** Players must start his/her serve behind the service line, then the player may enter the court with 1 step. You can overhand or underhand serve. (Outdoor) The serve can go over the antennas, but if the ball hits antennae, it is 'side out'. Serves hitting the net or out of bounds (the opposing team's walls), causes loss of possession. A serve cannot hit the ceiling. If the ball is served and the opposing side passes it and it hits the back wall it is considered out of bounds.

A player receiving the serve must bump the ball. Setting the ball is not allowed for returning a serve.

17. NET ANTENNAE (Outdoor): All players must play inside the antennas. If any player hits one of the antennas during play with the ball, it is a 'side out' or point.
18. NUMBER OF PLAYERS: **Co-ed Six means 6 people, 3 men, 3 women.**
 **Exception: A team must have at least the same number of women as men. If a team has less than 6 players at the start of the game there is a 10-minute grace period for the rest of the players to arrive. In the event that a team does not have the 6 players to start the game by the end of the grace period, play may begin as long as the opposing team agrees.

18. If a player gets hurt or is unable to finish a game, a sub may come in or the team may play the rest of the game with an uneven number of players.

There is a maximum of two (2) subs per team, per session. The subs must read and understand the rules and sign the waiver prior to playing.

Co-ed Fours means 2 men, 2 women. Apply the same grace period rules as 6's. All rules above apply for 4's except hitting. The back row players can hit at the net except for the server. The Server is the only one considered the 'back row'.

Power Three's - all rules apply. **Exceptions: no rule on women to men ratio. Anyone can hit at the net.

BOOMERS SPORTS PUB & GRILL ADDITIONAL INDOOR RULES

1. SHOES: Absolutely NO street shoes allowed on the gym floor. Players must bring a pair of non-marking, clean and dry court shoes to play. (Outside) Players may play barefoot, but must rinse their feet clean of sand and wear proper footwear when entering the building. We are not responsible for any injury incurred from not wearing proper footwear.
2. CARRY-INS: There are NO carry-ins of foods or drink allowed at anytime.
3. CHILDREN: There are NO children 21 years or younger allowed on the premises at anytime unless supervised by a parent or legal guardian. You must stay with your children at all times.
4. MINORS: There are NO minors (under 21 years of age) allowed entering Boomers Sports Pub & Grill at any time unless accompanied by a parent or legal guardian. Full identification will be required. Minors cannot be served anything at the bar. The parent or legal guardian must purchase food and drink for them. The parent or legal guardian cannot serve minors anything containing alcohol. This is the law that will be strictly enforced!!
5. JEWELRY: Any jewelry worn by players will be the total responsibility of the person, and any injury to themselves or other persons.
6. INJURY: If injury occurs while playing, you must report it to the person in charge at the time of the injury. An accident report must be filled out immediately.
7. WALLYBALL: There is NO wallyball allowed at any time.
8. ELIGIBILITY: A player may be on the roster of play on only ONE team in the same league!!!

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COURT RENTALS

COST: \$15.00 per hour

**PLEASE SIGN BELOW IF YOU HAVE READ AND FULLY UNDERSTAND THE ABOVE STATED RULES.
 RETURN THE SIGNED FORM WITH YOUR TEAM REGISTRATION FORM. IF THIS FORM IS NOT RETURNED AND/ OR SIGNED,
 YOUR TEAM WILL NOT BE REGISTERED FOR THE SESSION.**

Signature

Date

Print Name